## NABADWIP VIDYASAGAR COLLEGE DEPARTMENT OF PHILOSOPHY REPORT OF EDUCATIONAL TOUR-2021-2022

The Department of philosophy, Nabadwip Vidyasagar College, was organise an Educational Tour on 24th June, 2022 to 26th June 2022 along with sixteen (4th semester) Students, four Faculty members and one Non-teaching staff, at Digha, East Midnapore, West Bengal. It was a joint tour with three other Departments — Bengali, Political Science, and History.

The purpose of this trip is to inculcate in students the understanding of Advaita Vedanta through the perception of sea . According to Advaita Vedanta Jiva and Paramatma are identical. But in the practical world, Jiva cannot easily perceive that uniformity. Swami Vivekananda explained the identity of Jiva and Supreme Soul very easily with the simile of the ocean. As new waves are generated from the sea, they disappear again in the sea. At first glance, these waves seem different from the sea, but they are nothing but the sea. In the same way jivatma seems to be different from Paramatma, but is identical in the transcendental view. Here Paramatma is compared to the ocean and Jivatma to the waves of the ocean.

In addition, we practiced yoga- pranayama according to Yoga Shastra in the beautiful environment of the sea shore.

Students were overwhelmed by seeing the actual beauty of the sea. They enjoyed the roaring of the sea and waves folded with the white crown. Besides these the students had learned bonding among themselves, developed the friendship, sharing mentality, discipline and equality. In a nutshell the whole trip was so encouraging and enjoyable to the students, faculty members and Nonteaching staff.

## • LIST OF THE TEACHER'S:

- 1) DR. BAISHAKHI BURMAN
- 2) SMT. SHAMPA DAS
- 3) SRI. KISHOR PAUL
- 4) SRI. SUBHAM DAS
- LIST OF THE NON TEACHING STAFF:
- 1) SRI. ANIRBAN GHOSH
- LIST OF THE STUDENT'S:
- 1) RAJA CHOWDHURY

- 2) SONIA SAHA
- 3) SHIBU BISWAS
- 4) SHARMISTHA KARMAKAR
- 5) SHRABANI BHARTTACHARYA
- 6) SUPIYA DAS
- 7) PURNIMA DEBNATH
- 8) TANIMA GHOSH
- 9) PUJA GHOSH
- 10) KEYA DEY
- 11) DEBIKA BURMAN
- 12) CHAITALI MONDAL
- 13) DIPAK HALDER
- 14) SMRITIKANA DEY
- 15) SHRABANI DAS
- 16) SONALI DAS



