

Nabadwip Vidyasagar College



CRITERION-III

3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the last five years

List of Extension Activities by NSS, NCC

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
SWACHHA BHARAT ABHIJAN	NSS & NCC	NA	2017-18	125
TREE PLANTATION PROGRAMME	NSS	NA	2018-19	25
CLEANING OF RIVER GANGA BANK	NSS	NA	2018-19	100
PRE REPUBLIC DAY (parade at Meghalaya)	NSS	NA	2018-19	1
SAFE DRIVE SAVE LIFE	NSS	NA	2018-19	50
MEDICAL CAMP	NSS	NA	2018-19	500
BLOOD DONATION CAMP	NSS & NCC	NA	2018-19	250
HEALTH AWARENESS CAMP	NSS	NA	2019-20	50
THALASSEMIA CAMP	NSS	NA	2019-20	400
Independence Day Celebration	NCC, NSS	Observation Day	2020-2021	85
Republic Day Celebration	NCC, NSS	Observation Day	2020-2021	75
A State Level Webinar on Management of Mental Health during COVID-19	NCC, NSS		2020-2021	300
Birthday Celebration of Subhash Chandra Bose	NCC	Observation Day	2020-2021	265
NCC Day	NCC	Observation Day	2020-2021	250
International Yoga Day	NCC Unit	Observation Day	2020-2021	350
World Tobacco Day	NCC Unit	Observation Day	2020-2021	200
Independence Day Celebration	NSS	Independence Day Celebration	2021-2022	30
National Level webinar titled "TALK WITH COVID WARRIORS"	NSS	National Level webinar titled "TALK WITH COVID WARRIORS"	2021-2022	300
Covid Awareness Camp in a nearby Slum Area	NSS	Covid Awareness Camp in a nearby Slum Area	2021-2022	30
National Level webinar titled "Sangbadiker Chokhe Covid-19"	NSS	National Level webinar titled "Sangbadiker Chokhe"	2021-2022	300

		Covid-19”		
Republic Day Celebration	NSS	Republic Day Celebration	2021-2022	30
A National Level Webinar on “Dharma is not Religion”	NSS	A National Level Webinar on “Dharma is not Religion”	2021-2022	300
Marking Speed Breaker and Cleaning of Ganga river bank at Mannipur Ghat, Nabadwip	NSS	Marking Speed Breaker and Cleaning of Ganga river bank at Mannipur Ghat, Nabadwip	2021-2022	45
Special Camp (Multiple tasks for Seven days such as distribution of educational materials to kids, tree plantation, primary health survey, rejection of plastic, safe drive save life program)	NSS	Special Camp (Multiple tasks for Seven days such as distribution of educational materials to kids, tree plantation, primary health survey, rejection of plastic, safe drive save life program)	2021-2022	55
Tree Plantation programme	NCC	Tree Plantation programme	2021-2022	100

REPORT OF EVENTS

(2017-18)

National Service Scheme (NSS)

Nabadwip Vidyasagar College

Nabadwip Vidyasagar College is committed to perform all the social services assigned under the National Service Scheme. We have organized several camps including the special camp within our limitation to inculcate the societal norms, values, morality and responsibility towards society among the young students group. We are very thankful to our funding organization.

During our **special camp** at Swarupganj Gram Panchayat of Nadia district located very close to our college, our team has enthusiastically propagated awareness on three themes. These are **on pollution/danger of use of plastic bags, malnutrition and financial awareness**. For general camp our team have conducted a **cleanliness camp at a slum area** which is within 5 k.m. of our college. We have **developed a herbal garden under the NSS banner** within our college premises. **An AIDs awareness program** is also conducted. Needless to say that we have tried our best to perform our value-based social responsibilities to reach the people with the help of NSS within our limited resources. It may be small with respect to the larger society but it can't be ignored. Hope these small steps will certainly bring sea-change in future. We will continue our program with more enthusiasm in coming days.

Independence Day Celebration



Health Awareness Program in a nearby Slum Area



Cleaning Herbal Garden



Special Camp at Swarupganj Gram Panchayat





Annual Report (2018-19) (NSS)

Nabadwip Vidyasagar College is committed to perform community and social services under the National Service Scheme (NSS). We usually received grants from our affiliated university that is University of Kalyani to conduct all the programs for every financial year. Not only that our college authority also supplements additional grant whenever we desire it. So at the very beginning I must acknowledge the financial help of both our university and college.

All the programs are generally classified into two groups: General Camp and Special Camp. Short duration program usually one or two day program is conducted under the General Camp scheme and a seven day long outstation camp, very close to college location, is organized under the Special Camp scheme. We have not received any grant for special camp this year so we are unable to conduct any special camp for this year.

We have a very dedicated team comprised of 100 volunteers. Fifty percent of the volunteers are taken from the First year students group and the rest is from the Second year students group. Every year we add 50 NSS volunteers from the new student pool. We also take care about the proper gender balance during the formation of the NSS team.

We have conducted a number of general camps during the last financial year that is 2018-2019. Not only that we have also celebrated some important days such as Republic day, Independence day, World AIDs day (1st December) and World Environment Day (5th June).

A very brief overview of the general camps is provided below:

Name of the Program	Duration	Number of Participants	Remarks
Tree Plantation Program	One day/ General Camp (15.08.2018.)	50	Program was inaugurated by our President of Governing Body. 10 saplings were planted in different places of our college premises. We have also distributed pen, pencils, exercise books and sweets to some poor students of our surrounding locality in this occasion.

Cleaning of River Ganga Bank	One day/ General Camp (12.10.18)	100	We have cleaned the Ganga river bank of Manipur Ghat at Nabadwip. Students have spread bleaching powder on the surroundings of the ghat. Nabadwip police station has assisted us in this program.
Pre Republic Day Parade at Meghalaya	12 days camp organized by Ministry of Youth Affairs and Sports, Government of India (4.11.18.-13.11.18.)	01	Our Second year student Nemai Das has participated in the grand program after the selection at the state level. We have provided all the materials required for the program to the student from our NSS fund. His selection for the national level program will certainly inspire our students.
Safe Drive Save Life Program and Marking of Speed Brakers	One day/ General Camp (24/12/2018)	50	The program is conducted with the help of Nabadwip Police Station. We have conducted safety awareness program such as advising the bike riders to put on helmet on their head or fastening of seat belt during driving. We have marked the major speed brakers of the road running from Nabadwip station to Poramatala More with good quality white colour.
Medical Camp	One day/ General camp (18.01.19)	100 volunteers 400 students 100 teaching and non-teaching staffs	The camp was conducted by a team of Five eminent doctors of different specialization. Doctors have checked the general health condition of the students, volunteers, teachers and non-teaching staffs and advised accordingly. It was a great success and we are

			planning to make this program on a regular basis every year.
Blood Donation Camp	One day/ General camp (12.03.19)	15	The program was primarily organized by Vidyasagar Birth Anniversary Committee and NCC of our college. 15 volunteers of our NSS have donated blood on that auspicious occasion.

Besides the above mentioned programs the volunteers of NSS always ready to perform any work for the betterment of the college. They usually clean the college premises at a regular interval. They also watered the garden of the college at a regular basis.

Needless to say that our dedicated team has tried their best to perform their value-based social responsibilities to reach the people with the help of NSS. It may be small with respect to the larger society but it can't be ignored. Hope these small steps will certainly bring sea-change in future. We will continue our program with more enthusiasm in the days to come.

Glimpses of Some Activities During 2018-2019.....

Cleaning of River Ganga Bank



Medical Camp



Compile_list_of_volunteers_for_Pre_Republic_Day_Parade_Camp_2018.pdf

Safe Drive Save Life



NSS Activities

Academic Year 2019-2020

Serial No.	Name of the Activities	Date	Place	Number of Participants	Remark
1	Independence Day Celebration	15/08/2019	College Premises	Volunteers: 25 Teachers:05	Organized jointly with NCC
2	Republic Day Celebration	26/01/2020	College Premises	Volunteers: 25 Teachers:05	Organized jointly with NCC
3	Health Awareness camp	05/02/2020	Slum Area located at the vicinity of the college	Volunteers: 50 Teachers:15	It is a regular camp.
4	Thalassemia Camp	24/02/2020	College Premises	Volunteers:50 Students:400 Teachers:50	Funded by college

Thalassemia Camp





Temperature: 28.92 °C
Accuracy: 43.56
Time: 2020-02-24 12:26:54
IP: 88.36457
Location: 22.4088903
M.D. Nishuhelp, West B...





Temperature: 28.92°C

Accuracy: 70.919

time: 2020-02-24 12:25:15

longitude: 88.3646295

latitude: 23.4089426

null,Nabadwip,West Bengal

Health awareness camp



NSS Activities

Academic Year 2020-2021

Prepared by Dr. Anup Kumar Saha (Program Officer, NSS, NV College)

Serial No.	Name of the Activities	Date	Place	Number of Participants	Remark
1	Independence Day Celebration	15/08/2020	College Premises	Volunteers: 25 Teachers:05	Organized jointly with NCC
2	Republic Day Celebration	26/01/2021	College Premises	Volunteers: 25 Teachers:05	Organized jointly with NCC
3	A State Level Webinar on Management of Mental Health during COVID-19	12/06/2021	Google Meet & YouTube	Participants:300	Organized jointly with NAAC

Independence Day Celebration



Republic Day Celebration





Webinar on Management of Mental Health during COVID-19

COVID-19: Common Reactions

As the COVID-19 pandemic and its far-reaching implications continue to unfold globally and in our community, it's normal for people to experience a wide range of thoughts, feelings and reactions including:

- Feeling stressed or overwhelmed
- Anxiety, worry, or fear
- Racing thoughts
- Sadness, tearfulness, loss of interest in most enjoyable activities
- Physical symptoms, such as increased heart rate, stomach upset, fatigue, or other uncomfortable sensations

<https://www.youtube.com/watch?v=CIQDeeWK1gU>

Annual Report

Nabadwip Vidyasagar College

Academic Year 2021-2022

Prepared by Dr. Anup Kumar Saha (Program Officer, NSS, NV College)

Serial No.	Name of the Activities	Date	Place	Number of Participants	Remark
1	Independence Day Celebration	15/08/2021	College Premises	Volunteers: 25 Teachers:05	Organized jointly with NCC
2	National Level webinar titled "TALK WITH COVID WARRIORS"	22/08/2021	Google Meet & YouTube	Participants:300	Organized jointly with IQAC
3	Covid Awareness Camp in a nearby Slum Area	20/12/21	Slum area located behind the college	Volunteers: 25 Teachers:05	Distribution of musk, soap, detergent and chocolates
4	National Level webinar titled "Sangbadiker Chokhe Covid_19"	25/01/22	Google Meet & YouTube	Participants:300	Eminent journalist Tarun Goswami talked about various issues on COVID 19.
5	Republic Day Celebration	26/01/2022	College Premises	Volunteers: 25 Teachers:05	Organized jointly with NCC
6	A National Level Webinar on "Dharma is not Religion"	29/01/2022	Google Meet & YouTube	Participants:300	A BHU researcher named Tirthendu Ganguly delivered the lecture on the topics.
7	Marking Speed Breaker and Cleaning of Ganga river bank at Mannipur Ghat, Nabadwip	04/03/2022	Roads nearby to college, Mannipur Ghat, Nabadwip	Volunteers: 40 Teachers:05	Two general camps on the same day
8	Special Camp(Multiple	09/03/2022- 24/03/2022	Pratapnagar, Nabadwip,	Volunteers: 50 Teachers:05	

	tasks for Seven days such as distribution of educational materials to kids, tree plantation, primary health survey, rejection of plastic, safe drive save life program		Nadia		
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Independence Day Celebration



Cleaning of Ganga river bank at Mannipur Ghat, Nabadwip



Marking Speed Breaker



Covid Awareness Camp in a nearby Slum Area



Tree Plantation



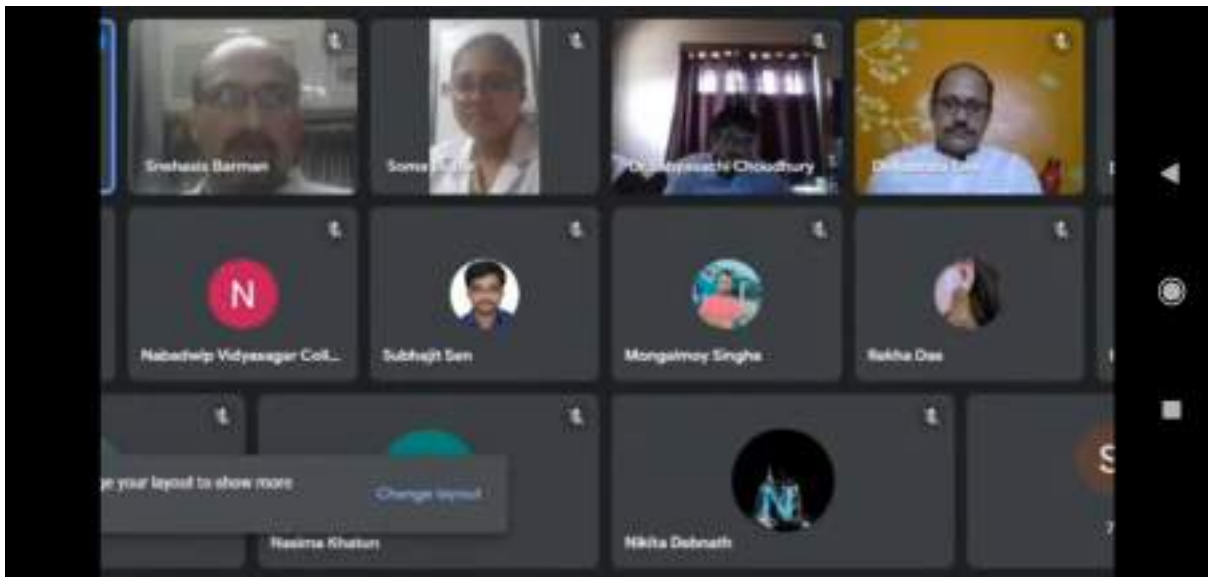
Yoga Camp in a nearby Primary School



Distribution of Tiffin Box



<https://www.youtube.com/watch?v=gBa96ZQQdc4>



Webinar_Tarun Goswami_25012022.pdf



Webinar_Tirtha_29012022.pdf

Nabadwip Vidyasagar College

NCC Activities (2017-2022)

Observation of the Tree Plantation Day – 21st March 2018

To honor our commitment towards mother nature and to augment greenery all around the world. Tree Plantation-day is observed with great enthusiasm and vigor. The year 2018 was no exception. On 21st March, the NCC of Nabadwip Vidyasagar College joined hands with the teacher and student populace to observe and celebrate that very day. The day before was spent cleaning the campus and the adjacent garden. On an auspicious day the students, led by the NCC cadets went about their task of planting saplings and assuring them protection.



Tree Plantation Programme-2018

Tree Plantation Day – 21st March 2019

In order to maintain the sanctity of our natural habitat and to paint the world in verdant, Tree Plantation-day is observed with great enthusiasm and vigor. The year 2019 was no exception. On the NCC cadets of Nabadwip Vidyasagar College joined hands with the teacher and student populace to observe and celebrate that very day. The day before was spent on cleaning the campus and the adjacent garden. On the auspicious day the students, led by the NCC cadets went about their task of planting saplings and assuring them protection from natural and man-made harm.



Tree Plantation Programme-2019

International Yoga-day: 21st June 2019

The wisdom of the ancients lights up the way for future generations. To celebrate that very adage, International Yoga Day. The observation and program were led and orchestrated by the NCC cadets of Nabadwip Vidyasagar College along with the students and faculty. A short introduction to yoga and its benefits was elucidated by eminent speakers. Live demonstrations were given and the instructions for safe practice was also laid out for the participants.



International Yoga day-2019

Corona Awareness Camp 2020

The outbreak of the global COVID'19 pandemic threw the whole world into disarray and confusion. The suffering of the People and the Death-Toll from disease and other disruptions shook the foundations of humanity to the very core. Moreover, the needful implementation of the lockdown disrupted education immensely. Rising to the occasion, the NCC unit of Nabadwip Vidyasagar College held out its generous hand towards the service of mankind. The Corona Awareness camp on **16th November 2020**, was one of the initiatives in this regard. NCC cadets, led by the well-beloved ANO (Dr.) Akhil Sarkar and Sri Debabrata Modak (Non-Teaching Staff) distributed face-masks and sanitizers to the people of the locality. The cadets also took pains to make the people aware of the dangers of novel Coronavirus 2019 and its prevalent mutations.



Corona Awareness Camp 2020

Tree Plantation Program 2021

Renewed commitment towards mother nature is the duty of every educated human being. The faculty and pupils of Nabadwip Vidyasagar College are no exception. To reiterate that very same commitment, the college celebrated the tree plantation program like every other year. The NCC of Nabadwip Vidyasagar College joined hands with the teacher and student populace to observe and celebrate the occasion. The day before was spent on cleaning the campus and the adjacent garden. On an auspicious day the students, led by the NCC cadets went about their task of planting saplings and assuring them protection with great care and commitment.



Tree Plantation Programme 2021

Tree Plantation programme-2021

The National Festival of Trees Planting (Van Mahotsav) in India is held annually from July 1 to July 7. As a part of Van Mahotsav celebrations throughout the country, Dr. Swapan Kumar Roy respected principal of Nabadwip Vidyasagar College, Dr. Akhil Sarkar, NCC officer, NCC cadets, and students planted saplings around the college campus on the 7th of July 2021.



Tree Plantation programme-2021

Tree Plantation Programme 2022

The NCC cadets of Nabadwip Vidyasagar College organized a tree plantation program on the occasion of world environment day on 5th June 2022 on the college premises to create awareness about saving trees. PI Staff from 54 Bengal BN NCC, Kalna were guided us during this programme. During the program, the NCC cadets and students planted the saplings of Neem, Ashoka, and other trees on the campus. The principal of the college Dr. Swapan Kumar Roy express that it is our responsibility to contribute our bit to keep our city clean and beautiful.” More than 100 NCC Cadets actively participated and they also took an oath that they would take much care of the saplings and will not cut trees ruthlessly.



National Level Webinar On 22/08/2021

Title: “TALK WITH COVID WARRIORS”

Organized by NSS & IQAC.

Keynote Speakers: Dr. Snehasis Barman, Dr. Sabyasachi Choudhury, Dr. Debabrata Das, Dr. Saumitra Kumar & Dr. Soma Dutta .

Description: Speakers were the medical professionals from different departments who have worked at the ground level during Covid-19. They have shared their experience of providing support to the Covid victims. Students and all the participants have asked different questions during the interaction session and all the keynote speakers have answered the questions as per their domain knowledge. Participants have raised the issue of justification of use of mask in the public places. Dr. Snehasis Barman has answered the query. He has also discussed about the relative strength of different types of masks such as cotton mask, surgical mask and N-95. We have come to learn about the washing our hand properly. Dr. Soma Dutta has explained about the rapid antigen test of Covid-19. Not only that she also told about the availability of test kits in different places and advised about when to take the test. Dr. Soumitra Kumar has talked about the role of vaccination in protecting the further spread of the pandemic. All speakers have supported the use of vaccination and advised the participants to take their vaccination as early as possible. Dr. Sabyasachi Choudhury has talked about the diet during this period. Overall all the participants have agreed that the outcome of the webinar was very helpful during the period of the pandemic. NSS team has committed to bring all the speakers at college to make it physically once the pandemic is over. We have thanked the group of speakers on behalf of the NSS team and convey our sincere gratitude to all of them.

2019: COVID-19

World

- Confirmed cases: 20,77,84,507
- Total Deaths: 43,70,424
- Total Vaccine Doses Given: 451,95,41,220
- New Cases: 4,10,464

India

- Total Cases: 3,22,84,857
- Total Deaths: 4,32,519
- Active Cases: 3,67,415
- Total Vaccine Doses Given: 56,06,52,030



Talk with COVID Warriors

A National Level Webinar

Organized by

NSS, NABADWIP VIDYASAGAR COLLEGE

In collaboration with

I.Q.A.C., NABADWIP VIDYASAGAR COLLEGE



Nabadwip Vidyasagar College

NAAC Re-accredited, Affiliated to

University of Kalyani

Nabadwip, West Bengal, 741302

Website: <http://nvc.ac.in/>

Patron



Sri Biman Krishna Saha
President of the Governing Body
Nabadwip Vidyasagar College



Moderator

Dr Snehasis Barman

Consultant ENT Surgeon, Chatuskon Daycare Centre, Uttarpara, Hooghly,
Director, Cochlear Implant Program, ReLife Hospital, Uttarpara, Hooghly,
Honorary Secretary, AOI West Bengal,
Chief Editor, S K De's Fundamentals of ENT and Head Neck Surgery (10th & 11th Edition)

Chairman



Dr. Swapan Kumar Roy
Principal
Nabadwip Vidyasagar College



Panelist

Dr Sabyasachi Choudhury

MD, Assistant Professor,
CCU in-charge, Post COVID CCU,
Member, Oxygen monitoring committee,
Medical College, Kolkata
State level Trainer of trainees for COVID
CCU, Dept. of Health and Family
Welfare, Govt. of West Bengal,
Consultant Pulmonologist at Chatuskon
Day care Centre, Uttarpara



Dr Saumitra Kumar

Associate Professor of ENT
College of Medicine and JNM Hospital,
Kalyani
Convener, Protect the Warriors
Member, Covid Protocol Monitoring
Team, Dept. of Health and Family
Welfare, Govt. of West Bengal

Joint Convener



Dr. Anup Kumar Saha
Program Officer, NSS
Nabadwip Vidyasagar College



Dr Debabrata Das

Assistant Professor, ENT,
R G Kar Medical College & Hospital
Observer, Head Neck Surgery
TATA Medical Center, Kolkata



Dr Soma Dutta

MD Microbiology (Gold Medalist)
Consultant Microbiologist at
Apollo Gleneagles Hospitals

Date: 22/08/2021

Time: 3:00 p.m.-5:00 p.m.

Platform: Google Meet & YouTube

Registration Link: <https://forms.gle/VxAshZ8u7WLj7PZb8>

Last Date of registration: 21/08/2021 (7:00 p.m.)

A State Level Webinar on 25.01.2022.

Title: "Covid-19": As Seen by A Journalist

Organized by NSS, NABADWIP VIDYASAGAR COLLEGE in collaboration with I.Q.A.C., NABADWIP VIDYASAGAR COLLEGE

Speaker: Tarun Goswami of Millenium Post, Kolkata

Description: NSS, Nabadwip Vidyasagar College and I.Q.A.C. have jointly organized a two hours duration web talk by eminent journalist Tarun Goswami of Millenium Post, Kolkata. He has shared his personal experience during the period of the pandemic. He has mentioned some of the interesting positive sides of the pandemic mostly social in nature. For example he has told us the interesting story about the street dogs in the Kolkata Municipal area. As per his observation people especially the young people has gathered to form a small group and have taken the responsibility to feed all those street dogs. Certainly this is very positive outcome of the pandemic. He has also pointed out about some of the community kitchens conducted during this time to feed the Covid victimized family. These community kitchens were funded by the leading NGOs and sometimes by the local MLAs and MPs. Apart from that we come to know about the support of the health workers other than doctors during the grave period. They have worked round the clock for the Covid victims.

Our Honourable Speaker



Tarun Goswami
Resident Editor, Millenium post, Kolkata.
Topic: **স্বাস্থ্যবিধিকের চোখে কোভিড-১৯**

Date: 25/01/2022
Time: 4:00 p.m.-5:00 p.m.
Platform: Google Meet
Registration Link:
https://docs.google.com/forms/d/e/1FAIpQLSeLxgfi_cGDIV-6Au_C16FmqEKKestItEMigc_UZZo6gUtiVXiq/viweform?usp=sf_link
Last Date of registration:
24/01/2022 (7:00 p.m.)

Nabadwip Vidyasagar College
NAAC Re-accredited, Affiliated to University of Kalyani
Nabadwip, West Bengal, 741302
Website: <http://nvc.ac.in/>

A State Level Webinar on
স্বাস্থ্যবিধিকের চোখে কোভিড-১৯
Organized by
NSS, NABADWIP VIDYASAGAR COLLEGE
In collaboration with
I.Q.A.C., NABADWIP VIDYASAGAR COLLEGE



Patron



Sri Biman Krishna Saha
President of the Governing Body
Nabadwip Vidyasagar College

Chairman



Dr. Swapan Kumar Roy
Principal
Nabadwip Vidyasagar College

Joint Convener



Dr. Anup Kumar Saha
Program Officer, NSS
Nabadwip Vidyasagar College



Dr. Bhaskar Chatterjee
Co-ordinator, I.Q.A.C.
Nabadwip Vidyasagar College

Technical Support

Dr. Dipanjan Ghosh Dr. Nirmalendu Ganai Sri Amalendu Das
Sri Subhajit Sen Sri Sudipta Modak

State Level Webinar on 12/06/2021

Title: “Management of Mental Health during COVID-19”

Organized by NSS & IQAC.

Keynote Speakers: Dr. Abhedananda Panigrahi ,Coordinator, B. Ed., Netaji Subhas Open University, Psychotherapist, Clinical Hypnotherapist and Special Educator

Description: The webinar was organized just after the second phase of Covid-19. We were just locked within our house for the last one year. Physical distancing turned social distancing has become our part and parcel of our life. Even we have forgotten the faces of our friends and relatives. At this juncture we have decided to do something for the improvement of the mental health of the students and the common people. So we have decided to organize a webinar with famous clinical hypnotherapist and psychotherapist Dr. Abhedananda Panigrahi. Mr. Panigrahi has changed the level of energy of the participants. We all the participants have enjoyed the talk a lot. He has gone beyond his lecture as he has conducted a rejuvenating online session of meditation.



Blood Donation Camps
Organized by
Nabadwip Vidyasagar College
Year:- 2018



Year:-2019

